

## Toxic foods, products and plants

A list detailing foods, products and plants (including bulbs) that are toxic to both your cat and dog. These can, in some cases, be fatal if ingested and care should be taken at all times.

### Toxic foods

**Chocolate** – as a general rule the darker the chocolate, the more toxic (ie, the higher the cocoa content)

**Grapes/raisins/sultanas/currants** – please note that cooking **does not** reduce the potential toxicity (particularly in dogs)

**Avocado**

**Mushrooms**

**Peach/nectarine stones**

**Xylitol** – a sugar alcohol used as a sweetener

**Onions/garlic** - in larger volumes can cause red blood cell damage especially in cats

**Macadamia nuts and peanuts**

**Raw potatoes**

**Human medication or supplements** – Ibuprofen can be fatal. Paracetamol can be toxic. Any medicine for humans, even if it is safe for animals, as the dose ingested may be dangerously high

**Alcohol**

**Nicotine**

### Household toxins

**Cleaning and hygiene products** – eg bleach and disinfectants

**Car fluids such as anti-freeze** – watch out for spillages as anti-freeze has a sweet taste which will attract both your cat and dog

**Salt for de-icing paths**

**Slug pellets**

**Rat bait**

**Other Pesticides** – fungicides and insecticides

**Decorating materials** – eg white spirit can cause serious lung damage just by inhalation

**Beauty products** – hair dye, nail varnish and remover, suntan lotions

You should always ensure that any of these products above are stored safely and any spillages cleaned up immediately. Pets can be attracted to certain products by smell or taste and can be fatal.

When using sprays of pesticides or herbicides in the garden it's always a good idea to keep your pets inside until they have dried fully.

## **Plants**

**Amaryllis bulbs**

**Asparagus fern**

**Azalea**

**Cyclamen**

**Daffodil bulbs**

**Day lilies**

**Delphiniums**

**Foxgloves**

**Hemlock**

**Hyacinth**

**Hydrangea**

**Ivy**

**Laburnum**

**Lilies** – particularly cats

**Lily of the valley**

**Lupins**

**Mistletoe**

**Morning glory**

**Nightshade**

**Oleander**

**Poinsettia**

**Rhododendron**

**Rhubarb leaves**

**Sweet pea**

**Tulip bulbs**

**Umbrella plant**

**Wisteria**

**Yew**

If you are ever concerned that your pet may have ingested something toxic, even if they are not showing any outward signs of being unwell, you should contact us (*or your own vet*) immediately. It could prove fatal and time is of the essence! Before calling, make a note of what you believe has been ingested and if applicable how much. This will be useful to the vet when speaking to them.

Always telephone ahead rather than just turning up, so that we can ensure we are ready with a vet on hand immediately.

*Disclaimer: Hillside Vets' website is intended to be used only as a guide and information resource, not as an alternative to a veterinary consultation and advice. Nothing contained in this website should be construed as medical advice or diagnosis. For specific healthcare advice please discuss the particular symptoms and circumstances of your pet with your vet.*