



## Diet tips for your Dog

- Introduce your dog's new diet over a seven day period, by gradually increasing the amount of the new diet that you are feeding, whilst decreasing the amount of the old diet. This helps to prevent upset stomachs, and also helps them to adjust to their new diet better.
- Weigh out your dog's daily food allowance at the start of the day. This can help to prevent accidental overfeeding and means you can use food from their daily allowance as treats if necessary. To save time, you could weigh out several day's food in one go and store each day's allowance in separate bags.
- Keep your dog in another room whilst preparing or eating your own meals.
- If you have more than one pet, feed them separately.
- Don't leave any food lying around, removing the temptation for your dog to steal.
- Make sure that you have enough of your dog's food before holidays and if you are going away, give clear instructions to the person looking after your pet. Weighing out a daily allowance of your pet's food for each day that you are away, and bagging it up separately can also help make sure that your dog is fed correctly.
- Nominate one member of your household as the sole feeder of your dog. This helps to prevent accidental double feeding.
- Make sure that everyone in the household understands your dog's diet and sticks to the plan.
- Divide your dog's daily allowance into several small meals as this can help with weight loss.
- Feeding your dog from a food ball, such as the 'Buster Cube' we have provided can help slow down a greedy eater, as well as making him/her do some exercise for his food. Scattering and hiding food in the garden can also make your dog work a bit harder for meals. Be aware of unwanted attention this might bring though.

Our nurses are more than happy to meet you to discuss your dog's weight and dietary requirements. If you are concerned, then call the surgery on 01202 698899 for an appointment.

Disclaimer: Hillside Vets' website is intended to be used only as a guide and information resource, not as an alternative to a veterinary consultation and advice. Nothing contained in this website should be construed as medical advice or diagnosis. For specific healthcare advice please discuss the particular symptoms and circumstances of your pet with your vet.